



Naut'sa mawt  
TRIBAL COUNCIL

# PROGRAM

## Naut'sa mawt Tribal Council Youth Leadership Gathering

*Dates* August 22-25, 2017 | *Location* Powell Lake Outdoor Learning Centre, Powell River, BC

### Youth Gathering Objectives:

- To share cultural teachings from Tla'amin elders and knowledge holders
- To build community and connections amongst Naut'sa mawt youth (ages 12-16)
- To develop leadership skills

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#### DAY ONE: Tuesday, August 22<sup>nd</sup>

#### Activity

6:45 AM	Drop-off at Horseshoe Bay Ferry Terminal ( <i>Mainland participants</i> )
9:15 AM	Drop-off at Comox Ferry Terminal ( <i>Vancouver Island participants</i> )
12:00 PM	Welcome, Lunch, and Tour of Tla'amin Nation
3:00 PM	Travel to Powell Lake Outdoor Learning Centre
3:30 PM	Arrive, Check-In, and Unpack at Powell Lake Outdoor Learning Centre
4:00 PM	Welcome and Group Activity
6:00 PM	Dinner and Clean-up
7:00 PM	Evening Group Activity
8:30 PM	Sharing Teachings
10:00 PM	Cabins and Lights Out

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#### DAY TWO: Wednesday, August 23<sup>rd</sup>

#### Activity

7:00 AM (Boys)	Early Morning Risers Activity – River Cleanse
7:15 AM (Girls)	
8:00 AM	Breakfast and Clean-up
9:00 AM	Morning Activity choice: Building a Sweat Lodge, Part I, <i>OR</i> Traditional Food Gathering and Harvesting
12:00 PM	Lunch and Clean-up
1:00 PM	Afternoon Activity choice: Cedar Weaving, Drum-making, <i>OR</i> Carving

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**DAY TWO: Wednesday, August 23<sup>rd</sup> Activity**

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<b>4:00 PM</b>	<b>Spirit Spot/Reflections in the Forest</b>
<b>5:00 PM</b>	<b>Free Time: Swim, Read, Rest</b>
<b>6:00 PM</b>	<b>Dinner and Clean-Up</b>
<b>7:00 PM</b>	<b>Evening Group Activity</b>
<b>8:30 PM</b>	<b>Language Learning and Story-Telling</b>
<b>10:00 PM</b>	<b>Cabins and Lights Out</b>

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**DAY THREE: Thursday, August 24<sup>th</sup> Activity**

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<b>7:00 AM (Boys)</b>	<b>Early Morning Risers Activity – River Cleanse</b>
<b>7:15 AM (Girls)</b>	
<b>8:00 AM</b>	<b>Breakfast and Clean-up</b>
<b>9:00 AM</b>	<b>Morning Activity choice: Building a Sweat Lodge, Part II, <i>OR</i> Preserving Food</b>
<b>12:00 PM</b>	<b>Lunch and Clean-up</b>
<b>1:00 PM</b>	<b>Afternoon Activity choice: Canoeing <i>OR</i> Hiking <i>OR</i> Mountain Biking</b>
<b>4:00 PM</b>	<b>Spirit Spot/Reflections in the Forest</b>
<b>5:00 PM</b>	<b>Free Time: Swim, Read, Rest</b>
<b>6:00 PM</b>	<b>Dinner and Clean-Up</b>
<b>7:00 PM</b>	<b>Evening Group Activity</b>
<b>8:30 PM</b>	<b>Drumming</b>
<b>10:00 PM</b>	<b>Cabins and Lights Out</b>

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**DAY FOUR: Friday, August 25<sup>th</sup> Activity**

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<b>7:00 AM (Boys)</b>	<b>Early Morning Risers Activity – River Cleanse</b>
<b>7:15 AM (Girls)</b>	
<b>8:00 AM</b>	<b>Breakfast, Clean-up, and Pack Up/Clean Cabins</b>
<b>9:00 AM</b>	<b>Spirit Spot/Final Reflections</b>
<b>9:30 AM</b>	<b>Sweat Lodge Protocol and Group Closing Ceremony</b>
<b>10:30 AM</b>	<b>Depart for Home with Packed Lunch</b>
<b>1:30 PM</b>	<b>Pick-up at Comox Ferry Terminal (Vancouver Island Participants)</b>
<b>3:30 PM</b>	<b>Pick-up at Horseshoe Bay Ferry Terminal (Mainland Participants)</b>

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## Getting to/from Powell Lake Outdoor Learning Centre:

### Vancouver Island Residents:

- Tuesday, August 22<sup>nd</sup>: Participants will need to get to the **10:00 AM Comox-Powell River** ferry no later than 9:15 AM on Tuesday, August 22<sup>nd</sup>. We will have staff there to meet them and walk them onto the ferry. We will help arrange transportation to Comox, if needed.
- Friday, August 25<sup>th</sup>: Participants will be on the **11:50 AM Powell River-Comox** ferry with staff and will need to be picked up in Comox at 1:30 PM. We will help arrange transportation from Comox, if needed.

### Metro Vancouver Residents:

- Tuesday, August 22<sup>nd</sup>: Participants will need to get to the **7:25 AM Horseshoe Bay-Langdale** ferry no later than 6:45 AM on Tuesday, August 22<sup>nd</sup>. We will have staff there to meet them and transport them all the way to Powell River by car. We will help arrange transportation to Horseshoe Bay, if needed.
- Friday, August 25<sup>th</sup>: Participants will be on the **2:40 PM Langdale-Horseshoe Bay** ferry and will need to be picked up in Horseshoe Bay at 3:30 PM. We will help to arrange transportation from Horseshoe Bay, if needed.